



Article

ESG Integration and the Financial Stability Trade-Off in Emerging Markets

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Abstract

This study investigates the impact of ESG practices on the financial stability in a multisector sample of 86 publicly listed Brazilian firms, focusing on the Weighted Average Cost of Capital (WACC) and Altman Z-Score (AZS) as a proxy for insolvency risk. Using Bloomberg data from 2010 to 2021, this research applies advanced econometric methods, including Ordinary Least Squares (OLS), Vector Autoregression (VAR) and Fully Modified Ordinary Least Squares (FMOLS), to capture both short- and long-term effects. The findings reveal a financial learning curve: in the short term, ESG adoption can temporarily increase WACC and insolvency risk due to initial implementation costs, whereas in the long term, it reduces financial risk, enhances operational efficiency, and strengthens corporate resilience. These results underscore ESG practices as a strategic determinant of long-term value creation and financial stability. This study offers actionable insights for policymakers, investors, and corporate leaders aiming to align sustainability initiatives with financial performance in emerging market contexts.

Keywords: ESG practices; weighted cost of capital; Z-score; trade-off; emerging markets

1. Introduction

Corporate financial stability is a cornerstone of organisational sustainability, particularly as firms increasingly integrate Environmental, Social and Governance (ESG) practices in their strategic framework. Indeed, ESG initiatives have been shown to improve stakeholder trust, long-term competitiveness, resilience, and enhanced market performance (Coşkun, 2023; Tang, 2022; H. Wang et al., 2024; Yadav & Asongu, 2025; R. Zhang et al., 2021). The benefits of ESG practices are particularly salient in emerging markets, where companies face the dual pressures of achieving economic growth while addressing social and environmental challenges (Krishna et al., 2024). Moreover, the cost of capital and insolvency risks tend to be higher in emerging markets than in developed economies (Boyer et al., 2017).

Brazil exemplifies this context. While establishing itself as a prominent leader in sustainability and green finance (Gartia et al., 2024) and boasting a strong Gross Domestic Product (GDP), it simultaneously experienced a surge in corporate bankruptcy filings in 2024 (Silva dos Santos & Pilar da Silva Junior, 2024), affecting nearly 29% of large companies, a trend expected to worsen (Fernandes, 2024)¹. This paradox emphasises two



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complications: (1) the said benefits of ESG practices may not have an immediate effect, which hampers corporate strategies in fast-moving emerging markets, and (2) while ESG practices are presumed to mitigate financial risks, there is clearly a lack of understanding about the specific pathways through which they enhance stability (Bae et al., 2018). Hence, the disconnect between the country's progress toward sustainability and the absence of tangible reductions in the WACC or insolvency risk of Brazilian firms reveals an apparent contradiction that highlights a critical temporal trade-off. This study seeks to examine this trade-off to provide a deeper understanding of how the integration of ESG corporate strategy can help address these challenges and promote financial sustainability in emerging markets.

While the existing literature has explored the impact of ESG adoption on firm valuation (Bai et al., 2024; W. Tan et al., 2024), cost of capital (Alves & Meneses, 2024), and exposure to idiosyncratic risks (Sun & Cui, 2014; Mushafiq et al., 2024), a significant gap persists in understanding its dynamic effects on corporate financial stability in emerging markets. This study contributes to closing this gap by integrally assessing the impact of ESG integration on two key and complementary indicators of corporate risk: the WACC, reflecting financing risk, and the Altman Z-Score, measuring insolvency risk.

The complication identified above goes beyond theoretical gaps and concerns practical implications because of the dual realities of emerging markets: rapid economic growth and high levels of insolvency risk. Without a clear framework for leveraging ESG practices to mitigate the risks, firms will struggle to sustain long-term performance and resilience. Indeed, the first complication identified above warrants a temporal approach to understanding short- and long-term effects of ESG practices for emerging firms. Moreover, clarifying the link between ESG and key financial metrics (i.e., WACC and insolvency risk) limits the practical utility of ESG strategies in markets that arguably need them the most. Consequently, the present study raises a critical research question: What is the intertemporal relationship between the quality of ESG practices and both the weighted average cost of capital (WACC) and insolvency risk (AZS) for firms operating in Latin American emerging markets such as Brazil?

To examine how ESG practices affect the WACC and AZS, the current study uses a comprehensive dataset—Bloomberg data on Brazilian firms from 2010–2021—and advanced econometric techniques (OLS, VAR and FMOLS). By looking at firms operating in high-growth, but high-risk environments, and conducting short- and long-term analyses, we offer new perspectives into the financial implications of ESG practices for firms in emerging markets.

In this context, this research makes a dual contribution. First, it provides empirical evidence linking ESG practices to two interrelated trade-off behaviours involving WACC and AZS. Second, it deepens the understanding of how ESG practices influence financial stability in emerging economies, expanding the existing literature supported by key contributions such as Berg et al. (2022) and Hassan et al. (2023), while integrating recent findings from Ramirez et al. (2022); Silva dos Santos and Pilar da Silva Junior (2024); Iglesias et al. (2025) and Al Azizah and Haron (2025) to contextualise the unique challenges faced in Brazil. In addition, this study shows the importance of contextualising ESG frameworks to align with regional economic and institutional realities.

This article is structured into seven sections. The Section 2 presents the literature review that supports the theoretical framework of this study. The Section 3 describes the methodology and econometric strategy employed. The Section 4 details the main results obtained, while the Section 5 includes the robustness tests that validate the findings. Subsequently, the discussion of the results is developed, and finally, the conclusions of this study are presented.

2. Literature Review

2.1. Theoretical Studies

The Stakeholder Theory Proposed by Freeman (2010) It postulates a management approach that states that companies, in addition to maximizing shareholder returns, must balance the interests of multiple stakeholders: investors, employees, customers, communities, and regulators in order to sustain positive long-term performance. In this regard, the adoption of ESG practices strengthens the relationship with stakeholders by generating investor confidence, customer loyalty, and employee engagement. In addition, it promotes more resilient value chains, social legitimacy in communities, and regulatory compliance (Q. T. Zhang et al., 2022). Therefore, a commitment to corporate sustainability can have a positive impact on long-term financial results by reducing operational risk, minimizing agency costs, saving capital costs and improving corporate reputation (Bilivogui & Iqbal, 2025).

On the other hand, the Resource-Based vision proposed by Barney (1991). It argues that companies can achieve a sustainable competitive advantage by possessing rare, valuable, and inimitable resources. In this framework, the adoption of ESG practices can constitute an intangible element with the potential to generate differentiation and promote value creation in the long term. As they argue Y. Tan and Zhu (2022) and Tunio et al. (2021), companies that invest in environmental innovation, in the well-being of their employees, and in solid corporate governance structures develop capabilities that are difficult for their competitors to replicate. As a result, the ESG approach becomes a strategic resource that reinforces operational resilience and the ability to attract investors, which consequently translates into better financial performance and corporate stability in the long term.

The signaling theory developed by Spence (1973) and later extended to finance, argues that companies send signals to the market to reduce the information asymmetry between managers and investors, so that their strategic decisions reflect the firm's strength and future prospects (Fathi et al., 2025). In this framework, the adoption of ESG practices can be interpreted as a positive sign of commitment to sustainability, non-financial risk management and long-term value creation, which can strengthen investor confidence and improve the perception of financial markets (Itan et al., 2025). From this perspective, the impact of signaling through ESG can translate into a reduction in the cost of capital (WACC) and the probability of bankruptcy as shareholders and creditors perceive less reputational, regulatory and operational risk (Yin et al., 2025).

Based on the Trade-off Theory postulated by Myers (1977), Al Azizah and Haron (2025) they point out that the adoption of ESG strengthens corporate reputation and long-term fiscal durability. However, they warn that the sustainability approach carries significant financial burdens, especially in capital-intensive sectors such as manufacturing, energy, and infrastructure. Therefore, the integration of ESG practices can generate financial tensions in the short term, derived from the initial outlays required in investments such as carbon capture technologies or cleaner waste disposal systems, among others, which affect profitability in the short term. However, in the long term, such investments have the potential to generate regulatory benefits, greater operational efficiency, and increased investor confidence. Consequently, companies must carefully assess the balance between immediate financial costs and future sustainable benefits when maintaining ESG policies.

This study incorporates the vision of the theories previously exposed to analyze how the adoption of ESG practices affects the cost of capital and the risk of insolvency of emerging companies in Brazil, considering the trade-off between short-term and long-term impacts and benefits. About that Testing its relevance not only in developed market corporate contexts, but also in emerging financial markets, is pertinent due to the need to understand how institutional factors, levels of regulatory maturity and limitations on access to capital condition the effectiveness of sustainability strategies (Itan et al., 2025).

2.2. Empirical Studies

2.2.1. ESG Practices and WACC

According to [Serebrisky \(2014\)](#), the advancement of sustainability practices depends on an optimal regulatory and fiscal framework, financial markets and institutions effectively articulated around sustainable initiatives and the creation of sustainability ecosystems. However, there are difficulties that slow down the evolution of ESG practices in emerging markets, such as lower institutional capacity, weak corporate governance and a less favourable business climate. Although some countries have implemented legal reforms related to corporate governance and the stock market, in general, the application and compliance with ESG-related legislation are challenging. Some ESG performance tools and indices have been adapted to national realities to enhance their benefits; however, the misperception that they are expenses and not investments that offer long-term returns in some way remains latent. Consequently, the practical implementation of ESG in the region remains limited.

According to [RSM \(2023\)](#), the adoption of ESG practices in Latin America has lagged behind Europe, North America and Asia, but has also been varied and heterogeneous among companies in the region. Some companies, including Natura and Itau Unibanco, have already started their path towards the implementation of ESG, demonstrating a greater level of progress in these initiatives. On the other hand, other companies have not yet incorporated ESG practices. Despite the above, [Cherkasova and Nenuzhenko \(2022\)](#) identified a gradual increase in the average value of the ESG rating from 2011 to 2019, where international companies showed a higher ESG rating compared to local ones, due to additional sources of capital and pressure from foreign customers, and workers and suppliers who want the implementation and development of ESG activities.

Regarding the effect on the quality of ESG practices and the cost of corporate capital, [Hassan et al. \(2023\)](#) found that non-financial publicly listed companies in eighteen emerging markets manifested a negative and statistically significant association between the interaction of ESG scores and the cost of capital, as well as market risks. These findings suggest that achieving higher ESG scores benefits companies by reducing capital costs and risks in countries with a higher sensitivity to corporate sustainability practices ([Dua & Sharma, 2024](#)). Moreover, the benefits are reinforced during periods of exogenous economic shocks, which tend to have more severe consequences in less resilient emerging countries. For Latin American companies, [Ramirez et al. \(2022\)](#) showed that a better ESG score is associated with a lower cost of capital, where only the governance pillar showed a negative relationship, indicating that good governance reduces capital costs by improving financial confidence.

On the other hand, [Lavin and Montecinos-Pearce \(2022\)](#) found that ESG disclosure was directly associated with a lower cost of debt. However, through an indirect channel, ESG disclosure interacts with growth opportunities, increasing the cost of debt due to perceived future risk. Thus, the results show that ESG disclosure influences the cost of financing in opposite directions, highlighting the complex economic implications of these practices in countries that are adopting ESG.

[Chau et al. \(2025\)](#) identify a non-linear, horizontal “S”-shaped relationship between firm value and ESG ratings, revealing that corporate sustainability generates differentiated effects depending on its level of maturity. In the initial stages, improvements in ESG performance enhance firm value; however, after reaching a certain threshold, higher costs and diminishing returns temporarily reduce this value before it recovers as more advanced and strategic practices are consolidated.

Similarly, [Al Azizah and Haron \(2025\)](#) report a dynamic shift in the relationship between ESG performance and financial outcomes among firms in emerging markets. Before

the pandemic, social (S) and governance (G) factors had a positive influence on profitability and market valuation, while the environmental (E) component showed only a marginal effect. However, in the post-pandemic period, a partial reversal of this trend was observed: the impact of the social component turned negative, the explanatory power of governance weakened, and overall ESG integration exhibited only a weak yet positive correlation with operational efficiency. This dynamic reflects the interaction between growth options and stakeholder influence, while factors such as institutional quality and each country's environmental sustainability modulate market sensitivity to ESG performance, underscoring the importance of national context in the financial valuation of sustainability.

2.2.2. ESG Practices and Insolvency Risk

According to [Hawn and Ioannou \(2016\)](#), the implementation of sustainable practices can mitigate insolvency risk, as responsible corporate governance is often associated with greater operational stability and lower vulnerability to potential litigation. Moreover, investing in companies that adopt sustainable and socially responsible practices entails lower risk compared to traditional investments, particularly during periods of high financial market volatility ([Ortas et al., 2014](#)). Furthermore, [Lioui \(2018\)](#) and [Engle et al. \(2020\)](#) demonstrated that effective management of ESG factors not only contributes to greater sustainability and corporate responsibility but can also significantly reduce financial risk and enhance long-term economic performance.

[Cherkasova and Nenuzhenko \(2022\)](#) found that the region of a company's headquarters affected the relationship between financial performance and ESG activities, where the most successful companies in developing ESG are international companies, while Latin American companies, both local and multinational, face significant challenges during the implementation of ESG initiatives. On the other hand, [Habib \(2023\)](#) identified that firms implementing a solid cost leadership strategy tend to exhibit superior ESG performance, thereby enhancing their competitiveness and financial resilience. Consequently, both efficient cost management and high sustainability performance negatively influence the likelihood of experiencing financial distress. Furthermore, this study demonstrated that ESG performance acts as a mediating mechanism that mitigates insolvency risk by strengthening operational efficiency, corporate reputation, and investor confidence.

The research of [Mushafiq et al. \(2023\)](#) and [Do \(2022\)](#) concur in identifying Corporate Social Responsibility (CSR) as an effective financial mechanism for mitigating default risk. [Do \(2022\)](#) emphasizes the cumulative and progressively maturing nature of CSR's reputational and contractual effects, particularly in emerging markets, where the realization of its returns requires longer time horizons. For his part, [Mushafiq et al. \(2023\)](#) demonstrates that, even in developed economies, CSR reduces default risk, both directly and indirectly by reinforcing the perception of financial soundness among stakeholders. Collectively, this evidence shifts CSR/ESG from its traditional conception as a merely reputational instrument and reconfigures it as a strategic asset for financial stabilization, whose effects materialize in a complementary fashion across different time horizons.

Table 1 below summarizes the key empirical findings from the reviewed literature.

Table 1. Summary of Key Empirical Findings on ESG in Emerging Markets.

Relationship Analyzed	Authors	Sample/Context	Key Finding
ESG Adoption & Evolution	Cherkasova and Nenuzhenko (2022)	Emerging markets	Gradual increase in ESG ratings, with international companies showing most advancement
ESG & Cost of Capital	Hassan et al. (2023)	Emerging markets	Negative and significant association between ESG score and cost of capital/market risk
ESG & Cost of Debt	Lavin and Montecinos-Pearce (2022)	Emerging markets	ESG disclosure directly reduces debt cost, but may increase it via growth opportunities
ESG & Firm Value/Profitability	Chau et al. (2025)	Global firms	Horizontal S-shaped nonlinear relationship between ESG rating and firm value
ESG & Firm Value/Profitability	Al Azizah and Haron (2025)	Emerging markets	Changing dynamics: S and G pillar impacts weakened post-pandemic, while E gained relevance
ESG & Insolvency Risk	Habib (2023)	Global firms	ESG performance mediates the relationship between cost strategy and lower insolvency risk
ESG & Insolvency Risk	Mushafiq et al. (2023) ; Do (2022)	Developed and emerging markets	CSR/ESG mitigates default risk directly (reputation) and indirectly (confidence)
Contextual Factors	Serebrisky (2014) ; RSM (2023)	Emerging markets	ESG adoption remains limited and heterogeneous, with advances in leading firms

Source: own elaboration.

2.3. Formulation of Hypotheses

Brazilian companies have experienced notable growth in the adoption of ESG practices, fostered by various legislative initiatives, the creation of corporate sustainability ecosystems promoted by financial institutions and stock exchanges, and the growing demand for sustainability and social responsibility by both investors and consumers ([Meneses et al., 2022](#)). In this regard, [Carvalho and Leal \(2005\)](#), [Oliveira et al. \(2014\)](#), [Moreira et al. \(2023\)](#), [Martins \(2022\)](#), [Roberti and Lanzini \(2021\)](#) and [Santos et al. \(2017\)](#) provide a comprehensive view of how regulatory, competitive and life cycle factors influence the adoption and management of ESG practices in emerging markets. However, critical questions remain unanswered regarding how effective these practices are in countries that lack a robust regulatory framework, and the perception of high implementation costs may limit their adoption. Therefore, the present study seeks to understand both the short- and long-term effects of ESG practices on financial stability indicators like the WACC and AZS, rarely explored in the literature.

In the context of corporate finance, the quality of ESG practices has emerged as a crucial factor in assessing the financial costs and risks associated with companies. In this regard, the following hypotheses are evaluated for the short- and long-term periods:

2.3.1. Weighted Average Cost of Capital (WACC)

Given the typically higher cost of capital in emerging markets such as Brazil, understanding the potential of ESG practices to help mitigate this burden is of paramount importance. The quality of ESG practices can influence a company's WACC by facilitating access to financing, reducing financial risks, and improving reputation and overall performance. These factors can contribute to a lower cost of capital and therefore a lower WACC, which in turn can have a positive impact on the company's valuation and profitability (Useche et al., 2024; R. Zhang et al., 2021). Thus, the following hypothesis is put forward:

H1. *Higher quality sustainability practices imply a lower weighted average cost of capital in Brazilian publicly traded companies.*

2.3.2. Insolvency Risk (AZS)

Given Brazil's heightened levels of corporate financial distress, assessing the extent to which ESG practices can enhance resilience and reduce insolvency risk is particularly relevant. The implementation of ESG practices can have a significant positive impact on business performance by improving risk compensation (Shad et al., 2019). According to Moraga and Rossi (2019), since financial performance is associated with different ratios or indicators that allow for validating the quality of corporate management, it can be established whether the adoption of ESG practices can keep the organisation away from bankruptcy. In this way, it is pertinent to establish whether this adoption affects variables of the financial solvency of companies estimated through the Z-score model of Altman (1968) and Altman et al. (2014). Therefore, the following hypothesis is established:

H2. *Higher quality sustainability practices are associated with lower levels of insolvency probability (bankruptcy risk) in in Brazilian publicly traded companies.*

3. Methodology

From a corporate financial management perspective and focused on sustainable development, this research addresses the relationship between ESG practices, profitability, valuation and risk for a sample of companies listed on Brazilian market and comprising regional stock market indices. This study adopts a quantitative and longitudinal approach, which allows for a rigorous analysis of the evolution of the variables under study and the financial performance of the firms.

3.1. Sample and Data

The sample is composed of companies from various sectors (including the banking sector) listed on the São Paulo Stock Exchange (B3) that are included in the Bovespa Stock Index, which represents a portfolio of the most representative and liquid stocks in the Brazilian market. In total, approximately 86 firms are considered within an unbalanced panel, given that the composition of the index varies over the years (L. Á. Meneses Cerón et al., 2021).

Annual ESG ratings and financial data—including WACC and AZS for Brazilian firms from 2010 to 2021 (year-end) were sourced from Bloomberg. The data are derived from Bloomberg's proprietary market-calculation methodologies, which employ quantitative models, market data, and fundamental analysis to ensure high-precision financial metrics (McCann & Russon, 2019). The methodology is transparent and publicly documented, with granular data and technical procedures accessible via the Bloomberg Terminal (see Table 2). To measure the quality of sustainable practices, the Bloomberg ESG Score was used. This index evaluates a variety of qualitative and quantitative ratios related to the company's

accountability, institutional transparency and social responsibility. The data required to determine the ESG rating is collected from multiple sources, including corporate social responsibility reports, annual reports and the company's website, which offers an objective view of the company's environmental, social and governance performance (B. M. Huber et al., 2017).

Table 2. List of variables.

Variables	Description	Type	Source	Previous Studies
Performance				
WACC	$WACC = (E/V \times Re) + ((D/V \times Rd) \times (1 - T))$	Ratio	Bloomberg	He et al. (2013) and Park and Noh (2018)
Insolvency Risk				
AZS	$Z = 3.25 + 6.56\left(\frac{\text{Working capital}}{\text{Total assets}}\right) + 3.26\left(\frac{\text{Retained Earnings}}{\text{Total assets}}\right) + 6.72\left(\frac{\text{EBIT}}{\text{Total assets}}\right) + 1.05\left(\frac{\text{Market Value of Equity}}{\text{Total Liabilities}}\right)$	Ratio	Bloomberg	Moraga and Rossi (2019), Iqbal et al. (2018) and Fich and Slezak (2008)
Sustainability				
ESG	Environmental pillar score + Social pillar score + Governance pillar score	Numeric	Bloomberg	Yoo et al. (2021), L. Á. Meneses Cerón et al. (2021), Laskar et al. (2017) and Ameer and Othman (2012)
Controls				
Size	Logarithm of total assets	Numeric	Bloomberg	L. Á. Meneses Cerón et al. (2021), Benavides and Mongrut (2010) and Carvalho and Leal (2005)
Profitability	EBITDA margin	Ratio	Bloomberg	
Leverage	Financial liabilities over equity and financial liabilities	Ratio	Bloomberg	

Source: own elaboration.

3.2. Description of Variables and Controls

This section presents and describes the variables used in the empirical model, including the dependent, independent, and control variables incorporated to ensure the statistical robustness of the analysis. The proper definition and selection of variables constitute a fundamental element in studies that examine the relationship between financial performance, corporate stability, and sustainable business practices. Consistent with prior research, the model employs indicators that capture risk, financial structure, and ESG disclosure, complemented by control variables widely accepted in the financial literature. The following subsections detail the characteristics, theoretical justification, and construction method of each component included in the model.

3.3. Dependent Variables

According to Durst et al. (2019), the evaluation and measurement of organisational performance are crucial for the survival and success of organisations; so, all entities are expected to review the actions carried out by their managers or directors. The independent variables capture the two main dimensions of financial stability (see Table 1). In line with Moraga and Rossi (2019), Iqbal et al. (2018) and Fich and Slezak (2008), the WACC and a risk measure, specifically the Z score (AZS), were included.

The WACC indicates how much it costs the company to obtain funds and is used as the discount rate in the valuation of projects and cash flows (L. Á. Meneses Cerón et al., 2024). Bloomberg calculates the WACC by integrating the cost of equity—estimated through CAPM using beta, the risk-free rate, and the market risk premium—together with the cost of debt derived from corporate bond yields. The platform also determines the capital structure using updated financial data (FA) and applies the firm's effective tax rate. With these components, Bloomberg combines the weights of debt and equity to obtain a consistent and comparable WACC across companies (X. Tan & Tuluca, 2017).

The AZS ratio estimates the probability of a firm's bankruptcy or insolvency (Nian et al., 2025). The selection of these independent variables is based on the premise that the implementation of ESG can positively influence the financial stability and solvency of companies in emerging Latin American markets (Mirza et al., 2025). The AZS for emerging markets employs an adjusted formula (see Table 2) with specific coefficients capturing liquidity, retained earnings, operating performance, and market solvency. Its interpretation is structured into three ranges: values above 3 indicate a low probability of bankruptcy, values between 1.8 and 3 reflect an intermediate level of risk, and values below 1.8 denote high financial vulnerability (Almamy et al., 2016).

3.4. Independent Variables

This study used as an independent variable, the Environmental, Social and Governance (ESG) rating, understood as a combined ESG rating, provided by the Bloomberg database, which evaluates companies based on the sustainability information they publicly disclose. Bloomberg's ESG score methodology integrates quantitative and qualitative data to build a standardized and comparable measure across firms and sectors, allowing firms' commitment to environmental stewardship, responsible social practices, and the strength of their governance structures to be assessed (L. Á. Meneses Cerón et al., 2021). The Bloomberg ESG Disclosure Score is expressed on a scale from 0 to 100, where 0 reflects a minimal level of disclosure and 100 corresponds to complete and comprehensive disclosure.

3.5. Controls

Three types of control variables were used in this research (see Table 1). First, a size control was used, measured through the natural logarithm of the firm's total assets. This variable is widely used in the financial literature to reduce heterogeneity and control scale between companies (Bilivogui & Iqbal, 2025). Second, a profitability control was incorporated, expressed through the EBITDA margin, calculated as the ratio between EBITDA and operating income. This indicator captures the firm's ability to generate cash flow from its core operations. Its inclusion as a control variable is essential, since a higher EBITDA margin can improve financial resilience and facilitate the implementation of ESG practices, while companies with low profitability may face resource constraints that limit such initiatives (Itan et al., 2025). Third, a financial leverage control was used, defined as the ratio between financial liabilities and total financial liabilities plus equity, which allows the company's capital structure to be accurately captured. This indicator is critical because high levels of indebtedness increase the risk of insolvency and agency costs associated with creditor pressure. At the same time, the literature shows that integrating ESG practices can mitigate these risks by strengthening transparency and trust with lenders (Nian et al., 2025).

3.6. Econometric Modelling

To capture both the static and dynamic effects of ESG on financial stability across different time horizons, our analysis employs a complementary three-model approach: OLS for initial short-term effects, PVAR for dynamic interdependencies, and FMOLS for

long-run equilibrium relationships (Benavides-Franco et al., 2023). This multi-method approach provides a comprehensive analysis of both the immediate temporal dynamics and the long-lasting impacts.

3.6.1. OLS with Fixed Effects

As an exploratory analysis, we start from a linear model with fixed effects estimated using OLS. In these models, the independent variables are lagged by one year, to take into account that the effect of the ESG rating may take a period to materialize in terms of corporate performance (see Equations (1) and (2)).

$$WACC_{it} = \alpha_1 + \pi_1 ESG_{it-1} + x_{it-1}^T \beta_1 + \theta_{1i} + \epsilon_{1it} \quad (1)$$

$$AZS_{it} = \alpha_2 + \pi_2 ESG_{it-1} + x_{it-1}^T \beta_2 + \theta_{2i} + \epsilon_{2it} \quad (2)$$

where represents the cost of financing for firm i in period t , represents ESG one year earlier, is a vector of controls, are firm fixed effects, are the disturbance terms and are the parameters to be estimated. The parameters of interest are (π_1, π_2) , that is, the expected change, one year later, in WACC and AZS indices in response to an increase in ESG. In other words, the short-term effect of sustainability practices on firms' cost of financing and the probability of insolvency $WACC_{it} ESG_{it-1} x_{it-1} (\theta_{1i}, \theta_{2i}) (\epsilon_{1it}, \epsilon_{2it}) (\alpha_1, \alpha_2, \pi_1, \pi_2, \beta_1, \beta_2) (\pi_1, \pi_2)$.

3.6.2. VAR Model on Panel Data

The Vector Autoregressive (VAR) model is a statistical technique used to capture the dynamic interrelationships between multiple time series. In the context of panel data, this approach is adapted to integrate time series with cross-sectional data, thereby combining observations over time for multiple units or entities (Doh & Smith, 2022). VAR for panel data extends the traditional VAR model commonly applied to univariate or multivariate time series, by incorporating multiple entities within a panel framework, allowing for the simultaneous analysis of interactions between variables across different units and periods (F. Huber & Rossini, 2022).

The VAR model has several advantages compared to a single-equation model. According to Li et al. (2023), the VAR model allows multiple endogenous variables to be modelled simultaneously instead of treating each variable separately as in a single-equation model. This means that feedback relationships and interactions between variables can be captured more realistically. Accordingly, all variables are considered endogenous, meaning that all variables can affect each other. This is especially useful when the variables of interest are interconnected and affect each other. This is fundamentally important for this study, given the possibility that ESG practices influence both the cost of capital and the risk of insolvency, and at the same time, that these financial factors affect ESG performance.

Furthermore, PVAR is a dynamic model that takes into account relationships over time. It can capture changes and adjustments in variables as they evolve over time, making it suitable for time series data (Owjimehr & Meybodi, 2025). Specifically, PVAR allows for impulse-response analysis, which shows how a variable responds to changes in other variables in the system (Sassen et al., 2016). This will allow for assessing the significance and duration over time of ESG on the cost of capital and insolvency risk. This is relevant, as the effects may persist over several periods. Here, we consider a homogeneous VAR panel of 3 endogenous variables (cost of capital, insolvency risk and ESG) of order with firm and period fixed effects, represented by the following system (see Equation (3)):

$$Y_{it} = Y_{it-1}A_1 + Y_{it-2}A_2 + \dots + Y_{it-p}A_p + X_{it}B + u_i + \gamma_t + e_{it} \quad (3)$$

$$i \in \{1, 2, \dots, N\}, t \in \{1, 2, \dots, T_i\}$$

where Y_{it} is a vector of size 3, having as input the variables of interest. Y_{it-s} are the respective lags of the vector Y_{it} , X_{it} is a vector of exogenous variables, u_i and γ_t are firm and time fixed effects, respectively, and e_{it} is the vector of idiosyncratic disturbances. The parameters A_s and B are 3×3 y $l \times 3$, matrices which contain the parameters to be estimated. The VAR model is homogeneous in the sense that the parameters to be estimated are common to all firms in the country. That is, the time series that make up the panel come from the same data generating process. Additionally, it is assumed that

$$E(e_{it}) = 0$$

$$E(e_{it}^T e_{it}) = \Sigma$$

$$E(e_{it} e_{is}) = 0 \forall t > s$$

That is, the disturbance term has zero mean, a variance-covariance matrix Σ and is not autocorrelated.

For a fixed number of periods and N tending to infinity, the presence of lag variables and fixed effects on the right-hand side of the equation causes OLS applied to each equation separately to be a biased estimator. For this reason, the generalised method of moments (GMM) is used to estimate the model, using the highest order lags a of and $pY_{it}X_{it}$.

The GMM estimator is constructed as follows. First, the 3 endogenous variables are differentiated and arranged in a row vector:

$$Y_{it} = [y_{it}^1 \ y_{it}^2 \ y_{it}^3].$$

From now on, Y_{it} represent the variables in first differences. This transformation is performed to remove the firm fixed effect from the model. Similarly, arranging the explanatory variables in a row vector:

$$\tilde{Y}_{it} = [Y_{it-1} \ Y_{it-2} \ \dots \ Y_{it-p} \ X_{it}] \tag{4}$$

where

$$Y_{it-s} = [y_{it-s}^1 \ y_{it-s}^2 \ y_{it-s}^3]$$

$$X_{it} = [x_{it}^1 \ x_{it}^2 \ \dots \ x_{it}^l].$$

In this way, the model can be re-expressed as

$$Y_{it} = \tilde{Y}_{it}A + e_{it} \tag{5}$$

where

$$e_{it} = [e_{it}^1 \ e_{it}^2 \ e_{it}^3]$$

$$A^T = [A_1^T \ A_2^T \ \dots \ A_p^T \ B^T].$$

The last component for the estimation is the instrument matrix Z_{it} , which must have at least as many columns as $L = kp + l$. That is, as many instruments as endogenous variables times the number of their lags, plus the number of exogenous variables. It should be noted that the exogenous variables are instruments of themselves, that is,

$$X_{it} \in Z_{it} : Z_{it}L = kp + lX_{it} \in Z_{it}$$

$$Z_{it} = [z_{it}^1 \ z_{it}^2 \ \dots \ z_{it}^{L-l} \ X_{it}]$$

Now, stacking these row vectors for each firm and then for each period

$$Y = \begin{bmatrix} Y_{11} \\ Y_{12} \\ \vdots \\ Y_{1T} \\ \vdots \\ Y_{NT} \end{bmatrix}, \tilde{Y} = \begin{bmatrix} \tilde{Y}_{11} \\ \tilde{Y}_{12} \\ \vdots \\ \tilde{Y}_{1T} \\ \vdots \\ \tilde{Y}_{NT} \end{bmatrix}, X = \begin{bmatrix} X_{11} \\ X_{12} \\ \vdots \\ X_{1T} \\ \vdots \\ X_{NT} \end{bmatrix}, Z = \begin{bmatrix} Z_{11} \\ Z_{12} \\ \vdots \\ Z_{1T} \\ \vdots \\ Z_{NT} \end{bmatrix}$$

The GMM estimator is given by:

$$\hat{A} = \left(\tilde{Y}^T Z \hat{W} Z^T \tilde{Y} \right)^{-1} \tilde{Y}^T Z \hat{W} Z^T Y \tag{6}$$

Based on the estimated parameters, the impulse-response matrix Φ_s , for each moment, is obtained as:

$$\Phi_s = \left\{ \begin{array}{ll} I_k & i = 0 \\ \sum_{j=1}^s \Phi_{t-j} A_j & i = 1, 2, \dots \end{array} \right\}$$

Based on the magnitude and significance of the parameters Φ_s , we will be able to evaluate the size and direction of the ESG effect on the risk of insolvency and the cost of capital, and additionally, evaluate the duration of these effects over time.

Accordingly, the panel vector autoregressive model (PVAR) was selected due to its ability to capture bidirectional interactions and dynamic effects among ESG, WACC, and insolvency risk, overcoming the limitations of methods such as the Generalized Method of Moments (GMM) and the Autoregressive Distributed Lag Model (ARDL), which are better suited to unidirectional causal structures.

3.6.3. Fully Modified Least Squares on Panel Data

This method is based on linear relationships between variables:

$$WACC_{it} = \alpha_1^* + \pi_1^* ESG_{it} + x_{it}^T \beta_1^* + \theta^*_{1i} + \epsilon^*_{1it} \tag{7}$$

$$AZS_{it} = \alpha_2^* + \pi_2^* ESG_{it} + x_{it}^T \beta_2^* + \theta^*_{2i} + \epsilon^*_{2it} \tag{8}$$

Note that the independent variables are not lagged, since we are interested in the long-run relationship between the variables (see Equations (7) and (8)). For this, we use the fully modified least squares method for panel data. FMOLS for panel data is an estimation technique used in econometrics to address problems of endogeneity and serial correlation in panel data models (Fatima et al., 2024). This method is an extension of the OLS approach and is specifically designed to handle cross-sectional or panel time series data.

The main objective of FMOLS is to correct for regression bias that may arise due to endogeneity of the explanatory variables or the presence of serial correlation in the errors. This is achieved by transforming the variables in the model to remove serial correlation in the errors, thereby allowing for more efficient and consistent coefficient estimates. FMOLS estimates long-run effects because it is specifically designed to address the presence of unit roots in time series, which implies that variables have persistent trends over time. When variables in a model have unit roots, they may exhibit a cointegrating relationship, meaning that they are linked in the long run. To estimate by FMOLS we use the STATA xtointreg function (Khodzhimatov, 2018).

In this context, the FMOLS estimator was employed to analyze the long-run equilibrium relationships, as it corrects for endogeneity and serial correlation issues, thereby ensuring unbiased and consistent estimators in the presence of cointegration. It is important to note that FMOLS does not require the variables to be stationary in levels but assumes that they are integrated of order one (I(1)) and cointegrated. In other words, while each individual series may be non-stationary, their linear combination is stationary, allowing for the identification of stable long-term equilibrium relationships.

Ultimately, it is worth noting that before applying the FMOLS and PVAR models, panel unit root and cointegration tests, such as those proposed by Levin et al. (2002) were conducted to verify the assumptions of integration and cointegration, thereby ensuring the validity and robustness of the relationships estimated in both the short and long run.

4. Results

Table 3 presents the descriptive statistics of the research variables, providing an overview of the financial and sustainability profiles of the companies analyzed.

Table 3. Descriptive Statistics.

Variable	Notes	Mean	Std. Dev.	Min	Max
WACC	1091	13.75	3.40	2.75	29.36
AZS	1091	2.55	1.47	0.19	5.94
ESG	909	42.14	13.48	3.60	74.44
SIZE (ASSETS)	1088	8.94	1.67	4.49	13.24
F. LEVERAGE	1081	61.25	23.31	0.38	246.18
EBITDA MARGIN	986	26.53	21.71	−68.99	102.54

Source: own elaboration.

The weighted average cost of capital (WACC) exhibits substantial variability, ranging from approximately 2.75% to 29.36%, with a mean of 13.75% and a standard deviation of 3.40%. This dispersion reflects heterogeneity in capital structures and financing costs, highlighting how firms adopt different approaches to balance equity and debt in pursuit of sustainable growth.

The sustainability practices index spans from 3.60 to 74.44, with a mean of 42.14 and a standard deviation of 13.48. This indicates a significant variation in the adoption and implementation of ESG-related practices, suggesting that while some firms are highly committed to sustainability, others are in early stages of integrating these practices into their operations.

Regarding firm size, measured by the logarithm of total assets, values range from 4.49 to 13.24, with a mean of 8.94 and a standard deviation of 1.67. This spread indicates that the sample encompasses firms of varying scales, from small- and medium-sized enterprises to large corporations, each potentially facing different challenges and opportunities in implementing sustainable financial strategies.

The ratio of total liabilities to total assets varies widely, from 0.38 to 246.18, with a mean of 61.25 and a standard deviation of 23.31. Such variability reflects diverse financial leverage strategies across firms, emphasizing the importance of assessing risk and capital allocation when integrating sustainability into corporate finance decisions.

Finally, The EBITDA margin exhibits considerable variability across the sample of firms. With 986 observations, the margin has a mean of 26.53% and a standard deviation of 21.71%, indicating a wide dispersion around the average profitability level. The minimum value of −68.99% signals that some firms are operating at substantial losses relative to their sales, while the maximum of 102.54% reflects exceptionally high operating efficiency in certain cases. This heterogeneity highlights the diverse operational performance across

firms and suggests that different management practices, including sustainability initiatives, may significantly influence earnings before interest, taxes, depreciation, and amortization relative to revenue.

Figure 1 presents the correlations between the variables analysed. The correlation matrix reveals the relationships between the financial and sustainability variables of the company under study. The correlation between WACC and ESG is almost insignificant. This indicates that there is no clear connection between the cost of capital and the level of sustainability of these companies. It seems that investors are not financially penalizing or rewarding companies for their sustainable practices.

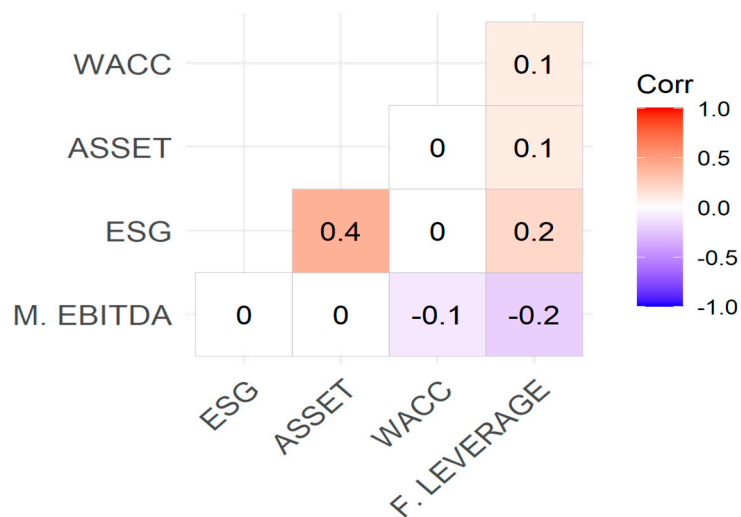


Figure 1. Correlations between the variables under study. Source: own elaboration.

Extending our analysis to other financial variables, such as asset size and capital structure, we observe equally weak relationships with financial cost. The correlation between WACC and asset size is small, suggesting that a firm’s size does not significantly affect its cost of capital. Similarly, the relationship between WACC and capital structure, represented by the ratio of total liabilities to total assets, is weak, with a correlation approximately equal to 0.1. This indicates that capital structure decisions are not having a significant impact on the financing cost of the firms in this sample.

It is notable that when examining the relationship between WACC and EBITDA margins, we observe a weak negative correlation. This suggests that, while not a strong relationship, there appears to be a slight tendency towards lower cost of capital in companies with higher EBITDA margins. However, this relationship is very tenuous and cannot be considered a driving factor. However, these correlations only reflect the strength of the relationship for a pair of variables. Although no strong correlation is found between WACC and the explanatory variables, the results change when the multivariate analysis presented in the results section is performed.

Table 4 presents the relationship between WACC and ESG, controlling for assets, financial leverage, and EBITDA margin. In these regressions, ESG and controls are lagged one year. This is to capture the expected change in WACC, one year later, in the event of a change in ESG and controls. In other words, this study seeks to capture the effects of the explanatory variables in the short term.

Table 4. Short-Term Effects of ESG Performance on WACC.

	(1)	(2)	(3)
	WACC	WACC	WACC
ESG	−0.018 * (0.011)	−0.022 *** (0.008)	−0.011 (0.012)
SIZE	−0.032 (0.108)	0.025 (0.074)	0.257 (0.201)
F. LEVERAGE	0.005 (0.006)	0.003 (0.004)	−0.004 (0.007)
EBITDA M.	−0.004 (0.006)	−0.001 (0.004)	−0.000 (0.007)
Constant	14.669 *** (0.972)	14.395 *** (0.654)	12.774 *** (1735)
Notes	739	739	739
R Square	0.006	0.559	0.774
R2 aj.	0.001	0.549	0.745
Fixed Effects		Year	Year-Firm

Source: own elaboration. Note: *** and * denote significance at 1% and 10% level, respectively.

When firm fixed effects are not controlled for, it is found that, with a 1 percentage point increase in ESG, WACC decreases by 0.02 points (columns 1 and 2). These effects are significant at the 10% and 1% levels, respectively. In contrast, when firm fixed effects are included, the effect is not significant. Therefore, our most robust specification (Model 3, which includes firm fixed effects) shows no statistically significant short-term impact of ESG on WACC. This initial financial neutrality can be attributed to several interrelated factors. First, investors and lenders may not immediately perceive the financial benefits derived from sustainability practices, given the gradual and often intangible nature of their effects. This limited short-term visibility reduces financiers' willingness to lower financing costs even when a firm improves its ESG score. Furthermore, implementing sustainability practices often involves significant upfront costs, including investments in infrastructure, technology, and changes to operational processes. These costs can outweigh the financial benefits in the short term (Tron et al., 2025).

Table 5 presents the relationship between AZS and ESG, controlling for assets, financial leveraged, and EBITDA margin. As before, these regressions capture short-term effects. When not controlled for firm fixed effects, we find that for a 1 percentage point increase in ESG, AZS decreases by approximately 0.03 points (columns 1 and 2) and 0.018 (column 3). These effects are significant at 1% and 5%, respectively. That is, based on all regressions, we conclude that there is a negative relationship between ESG and AZS in the short term.

In the short term, an increase in the ESG score could increase the likelihood of insolvency for a company for several interrelated reasons. First, implementing sustainability practices often requires significant investments in technology, infrastructure, and process change. These upfront costs can put pressure on a company's liquidity in the short term, especially if they do not immediately translate into tangible financial benefits. Added to this, adopting sustainability practices could reduce available liquidity in the short term. For example, investing in cleaner technologies or improving labour standards could affect the immediate availability of cash, making it difficult to meet short-term financial obligations (DasGupta, 2022).

Sustainability practices could also negatively impact profitability in the short term. For example, transitioning to cleaner energy sources could increase production costs initially, while implementing stricter labour standards could increase labour costs. These cost

increases without a corresponding increase in revenue could negatively impact profitability and the company's ability to meet its financial obligations (Chau et al., 2025).

Table 5. Short-Term Effects of ESG Performance on AZS.

	(1)	(2)	(3)
	AZS	AZS	AZS
ESG	−0.025 *** (0.006)	−0.029 *** (0.006)	−0.018 ** (0.009)
SIZE	−0.407 *** (0.058)	−0.386 *** (0.060)	−1.051 *** (0.149)
F. LEVERAGE	−0.044 *** (0.004)	−0.044 *** (0.004)	−0.038 *** (0.005)
EBITDA M.	−0.010 *** (0.004)	−0.011 *** (0.004)	0.009 * (0.005)
Constant	10.248 *** (0.532)	10.269 *** (0.530)	13.692 *** (1290)
Notes	720	720	720
R Square	0.303	0.322	0.702
R2 aj.	0.299	0.305	0.663
Fixed Effects		Year	Year-Firm

Source: own elaboration. Note: ***, ** and * denote significance at 1%, 5% and 10% level, respectively.

The robustness of these results is corroborated by using a VAR model for panel data. Figure 2 shows how WACC reacts to an unforeseen 1% shock to the ESG, holding the controls constant. The cumulative impulse response reveals that after one year, there is an increase in WACC, which remains stable. That is, increasing the ESG has the cost of an increase in WACC one year later, but from year two onwards, WACC no longer increases.

As mentioned above, in the short term, an increase in the ESG score may result in an increase in the weighted average cost of capital (WACC) because this increase often entails significant upfront costs. For example, investments in cleaner technologies or improvements in labour standards may require significant cash outlays in the short term, which increases operating and financial costs, thereby raising WACC.

Figure 3 shows how AZS reacts to an unforeseen 1% shock to ESG, holding controls constant. The cumulative impulse response function reveals that after one year, there is an increase in AZS, which then decreases again in year 2. That is, increasing ESG comes at the cost of a decrease in AZS one and two years later, but from year three onwards, AZS no longer decreases.

Finally, the long-term results are presented, based on the inference of the cointegration relationship between WACC/AZS with ESG and the controls. Table 6 presents the results. It is found that, in the long term, an increase in the ESG decreases WACC by 0.01 points and increases the AZS by 0.01 points. That is, although in the short term the ESG can increase the cost of financing and the risk of bankruptcy, in the long term these effects are reversed.

The contrast between the short- and long-term effects of increasing the ESG score on the weighted average cost of capital (WACC) and the probability of insolvency can be understood by considering different time horizons and underlying factors. In the short term, implementing sustainability practices entails significant upfront costs, which may temporarily increase WACC. Investments in cleaner technologies or improvements in labour standards may put pressure on the company's operating and financial costs, negatively impacting its ability to meet its financial obligations.

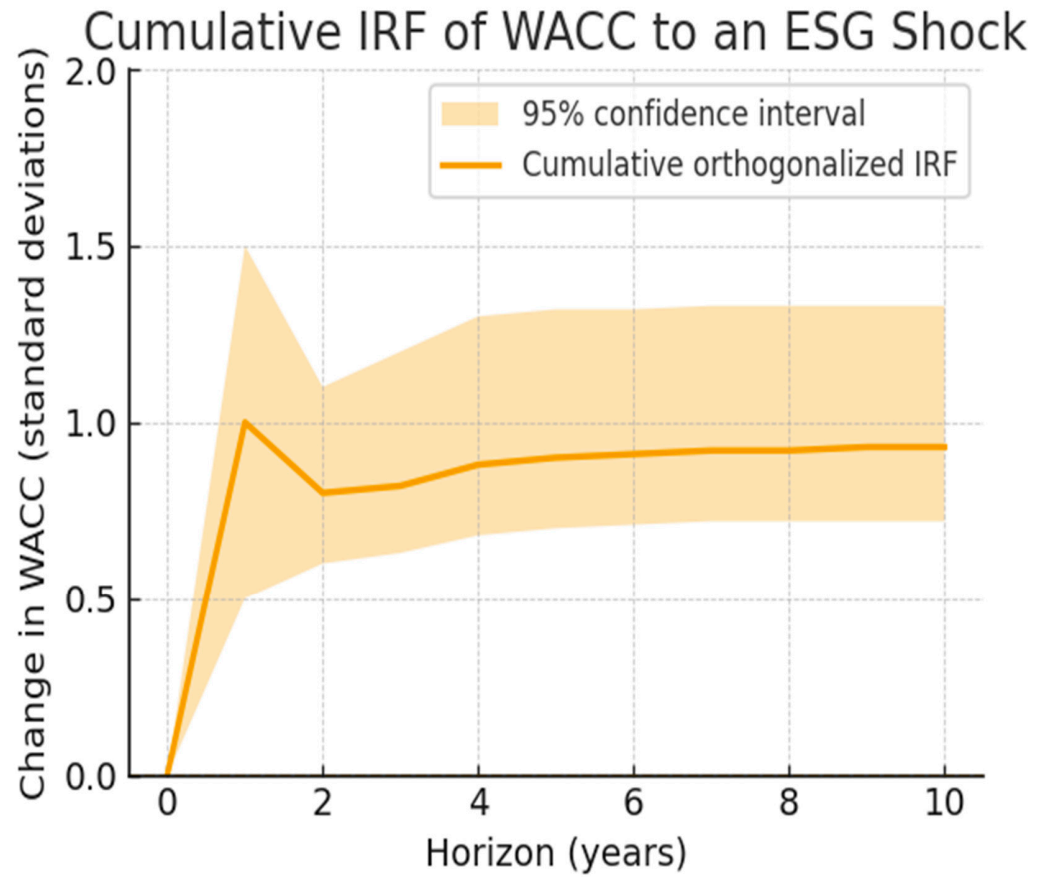


Figure 2. WACC reaction to an increase in ESG. Source: own elaboration.

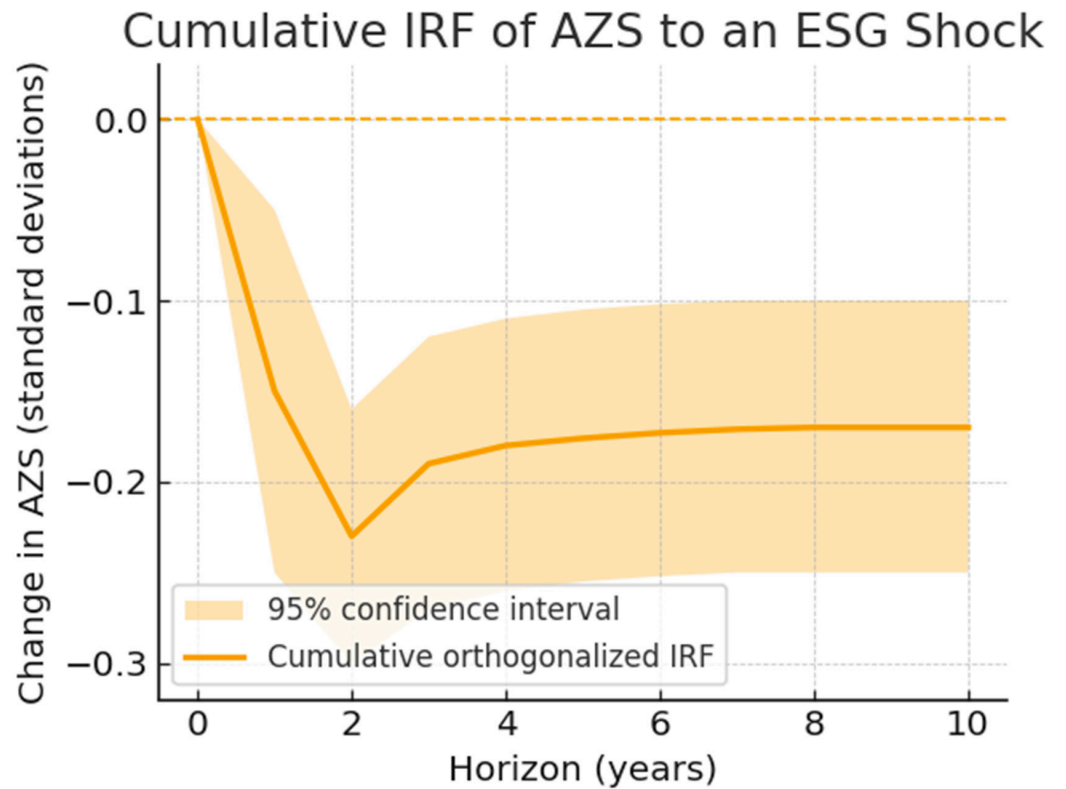


Figure 3. AZS reaction to an increase in ESG. Source: own elaboration.

In the long term, however, these practices can lead to substantial improvements in operational efficiency, risk reduction and value creation. Investments in sustainability can translate into significant savings in energy costs, environmental compliance and improvements in labour productivity. This improvement in operational efficiency can reduce WACC, as investors perceive lower risks associated with the company. In addition, a strong sustainability strategy can improve the company's reputation and strengthen its relationship with investors and lenders. As the company demonstrates a long-term sustainable commitment and achieves positive results, investors may be more willing to accept a lower return, which further lowers WACC and facilitates access to capital on more favourable terms (Ramirez et al., 2022).

Regarding the probability of insolvency, sustainability practices show strong potential to enhance firms' long-term operational and financial stability by promoting more efficient risk management, optimal resource allocation, and greater resilience to adverse economic environments. Adopting sound environmental policies can reduce exposure to regulatory fines and litigation, while fair labor practices can increase employee retention and productivity. These factors can strengthen a company's competitive position and reduce its vulnerability to economic shocks, decreasing the likelihood of insolvency (Nian et al., 2025).

Therefore, although the adoption of sustainability practices may generate short-term financial challenges, the long-term benefits—in terms of operational efficiency, corporate reputation, and financial stability—can translate into a reduction in WACC and a lower probability of insolvency. In this regard, the present research provides empirical evidence that, in emerging business contexts, the implementation of ESG practices entails a financial learning curve or a short-term versus long-term trade-off, in which the initial higher costs are offset by a progressive strengthening of financial stability, corporate reputation, and the firm's adaptive capacity to environmental and social risks over the long term.

Table 6. Long-term relationship between ESG and WACC/AZS.

	(1)	(2)
	WACC	AZS
ESG	−0.01 *** (0.010)	0.01 *** (0.008)
SIZE	−3.27 *** (0.105)	0.03 *** (0.073)
F. LEVERAGE	−0.01 (0.006)	−0.06 *** (0.004)
EBITDA M.	0.06 *** (0.000)	0.07 *** (0.000)
Notes	360	360

Source: own elaboration. Note: *** denote significance at 1% level.

5. Robustness Tests

Because the results are based on panel data models, it is important to perform robustness tests to ensure that the results are reliable, interpretable, and consistent. To this end, three tests are undertaken: model stability test, non-autocorrelation test in the residuals, and overidentification test (Bramati & Croux, 2007).

5.1. Model Stability Test

The stability test in an econometric model, such as a PVAR, assesses whether the model is stable and produces reliable results. In the context of a VAR or PVAR, stability ensures that disturbances in variables do not generate explosive effects, but rather dissipate

over time, allowing simulations (such as impulse response functions) and predictions to be valid.

A VAR model is stable if all the roots of the associated characteristic polynomial are inside the unit circle in the complex plane. The roots of the estimated PVAR are presented in Table 7. As can be seen, the pattern of each of the roots is less than 1, that is, the roots are inside the unit circle. This implies that the estimated PVAR is stable.

Table 7. Roots of the VAR Panel.

Eigenvalue		
Real	Imaginary	Module
0.47	0	0.47
0.44	0	0.44
0.15	0	0.15

Source: own elaboration.

5.2. Overidentification Test

The overidentification test (also known as the Sargan test or Hansen test in heteroscedasticity-robust contexts) is a tool to assess the validity of instruments in econometric models that employ instrumental variables, such as the PVAR. A model is over-terminated (overidentified) if there are more instruments than equations or endogenous variables. In this case, the consistency between instruments can be assessed. The null hypothesis of the Hansen test is that the instruments are not correlated with the error term, that is, they are valid. The alternative hypothesis is that at least one of the instruments is correlated with the error term. The test results are presented in Table 8. At 1% significance, it is concluded that the null hypothesis is not rejected. That is, there is evidence that the instruments used to estimate the PVAR are valid.

Table 8. Overidentification Test.

Hansen Test	
Hansen's J chi2	<i>p</i> -value
91.38	1.10%

Source: own elaboration.

5.3. Autocorrelation Test

The optimal choice of lags in a PVAR model is crucial because an incorrect number of lags can lead to autocorrelated residuals, which compromises the validity of the model. Since the results presented above are based on a PVAR of order 1, it is necessary to verify whether this is the optimal number of lags. To verify this, the information criteria AIC, BIC and HQIC are used. The optimal number of lags is the one that minimises any of these criteria. As can be seen in Table 9, the lag number that minimises the mentioned criteria is 1; so, this guarantees that the residuals of the model are well behaved, that is, they are not autocorrelated.

Since these robustness tests yield good results, it can be concluded that the model is correctly specified. The model is robust and reliable, the diagnostic tests showed no problems, which supports the validity of the inferences made. In addition, the model adequately captures the dynamic relationships: the optimal selection of lags and the absence of autocorrelation in the residuals ensure that the model explains the temporal patterns correctly.

Table 9. Optimal selection of lags.

lag	MBIC	MAIC	MQIC
1	−217.07	−20.26	−100.13
2	−181.41	−12.72	−81.18
3	−151.48	−10.90	−67.95
4	−125.15	−12.69	−58.33
5	−91.74	−7.39	−41.62
6	−78.05	−21.82	−44.64

Source: own elaboration.

6. Discussion

This study makes a significant contribution to the financial literature by integrating sustainability into the analysis of corporate performance among publicly traded firms in emerging economies. Specifically, in the case of the Brazilian market, evidence indicates that the relationship between ESG performance and key financial variables—the weighted average cost of capital (WACC) and insolvency risk (AZS)—exhibits a complex nature that depends on the temporal horizon of analysis. This dynamic reflects the existence of a financial learning curve or ESG trade-off between the short and long term, in which the higher initial costs associated with the implementation of sustainable strategies—such as investments in clean technologies, improvements in governance, or social programs—are gradually offset by a sustained strengthening of financial stability, an enhanced corporate reputation, and a greater capacity for resilience to environmental, social, and regulatory risks.

In the short term no significant relationship exists between the ESG practices rating and the WACC. This suggests that implementing ESG strategies does not generate an immediate decrease in financing costs due to factors such as high initial investment requirements, lack of knowledge about the cost–benefit ratio of the transition and limited recognition of short-term risks by investors and lenders, among other aspects (Burcă et al., 2024). In the long term, however, the relationship between ESG performance and WACC changes significantly. Indeed, an increase in the ESG score is consistently associated with a reduction in the WACC, which demonstrates the tangible benefits of sustainability in financial terms to generating a more attractive environment for investors and lenders, increase stakeholder confidence and contribute to greater financial stability and lower exposure to regulatory risks (Darsono et al., 2025). These findings are supported by previous literature focused on emerging markets. In this regard, Priem and Gabellone (2024) observed that companies with higher ESG scores tend to benefit from lower capital costs, especially in countries with less robust legal environments, where the long-term benefits are more clearly evident. Likewise, Tawfiq et al. (2024) showed that strong ESG performance not only increases disclosure levels, but also reduces leverage ratios and lowers the WACC, owing to more favourable financing conditions and a more favourable risk perception by the market. On the other hand, Pirgaip and Rizvić (2023) established that the adoption of integrated reporting is positively related to WACC and cost of debt, although its impact on cost of equity is not significant.

Regarding financial risk, this study found that in the short term, an increase in the ESG index is associated with an increase in the probability of insolvency due to initial implementation costs, including investments in cleaner technologies and improved labour standards. These expenses put pressure on liquidity, increasing operating and financial costs. However, the analysis also reveals that, in the long term, ESG practices significantly improve operational efficiency and reduce the risk of insolvency. This is evidenced by better AZS levels, suggesting greater financial stability. This finding coincides with Gartia et al.

(2024), who also identified a positive relationship in the case of Brazil, where companies with high ESG performance manage risks better and take advantage of associated financial opportunities, allowing them to have superior corporate performance. Our findings align with Gholami et al. (2023), who found that the mitigating impact of corporate ESG performance disclosure scores on the company's idiosyncratic risk is due to improved access to cheaper sources of financing. We also affirm the findings of Giese et al. (2021), who argued that the transmission of ESG characteristics to financial performance is a multi-channel process, since it affects the valuation and performance of companies, both through their systematic risk profile (lower capital costs and higher valuations) and their idiosyncratic risk profile (higher profitability and lower exposure to extreme risks).

This study demonstrates that the implementation of ESG practices often involves significant financial trade-offs, as companies face substantial upfront costs in the short term. In this context, within emerging markets, public policy plays a decisive role in consolidating corporate sustainability by reducing information asymmetries, incentivizing responsible investment, and strengthening corporate governance (Jiang & Ma, 2025). In this regard, instruments such as Green Public Procurement (B. Wang & Shen, 2025), tax incentives for sustainable projects (Jiajia & Runke, 2025), sovereign green bond issuance (Alessi et al., 2025), and mandatory ESG disclosure regulations (Cui et al., 2025), among other policies, can act as catalysts that mitigate these initial costs. They do so by providing support mechanisms and stable market signals that facilitate the transition towards sustainable business models, thereby aligning corporate objectives with national sustainability goals.

Finally, it was identified that corporate sustainability transcends its ethical or reputational character (L. A. M. Meneses Cerón et al., 2024) and establishes itself as a strategic driver of corporate value creation, as well as a mechanism for financial stabilization whose returns materialize in a cumulative and dynamic manner over time (Do, 2022). Its effective implementation can reduce the cost of capital, enhance operational efficiency, and mitigate financial risk, particularly in highly uncertain and volatile environments. From the perspective of signaling theory (Spence, 1973), stakeholder theory (Freeman, 2010) and the financial trade-off theory (Myers, 1977), sustainable practices provide tangible financial benefits by improving investor perception, lowering financial costs, and fostering long-term value creation. Moreover, sustainability strengthens corporate competitiveness, attracts responsible investors and consumers, and reinforces the organization's legitimacy and market confidence.

7. Conclusions

This study makes important contributions to the sustainable finance literature by addressing several crucial gaps in current research. First, it extends the analysis on the implementation of ESG practices and their impact on financial stability to the level of Latin American emerging markets, a context generally underexplored in contemporary corporate finance. Second, it incorporates novel financial variables such as the WACC or the AZS. Third, this study proposes an analysis of the intertemporal trade-off associated with ESG implementation, allowing for a more rigorous assessment of the cost-benefit ratio of its adoption by firms in emerging markets. Lastly, this research makes a methodological innovation by using three uncommon econometric models (OLS, PVAR and FMOLS) in the study of the relationship between ESG implementation and financial performance.

The findings from this study offer critical insights into the financial implications of integrating ESG practices into corporate strategies in emerging markets. The analysis reveals that, in the short term, ESG adoption triggers an increase in the WACC and the risk of insolvency, largely due to the high initial costs, such as investments in technology and operational improvements that put pressure on financial costs, reduce liquidity and increase

indebtedness during the first year. However, in the long term, these costs are reversed. This is a particularly salient finding for firms operating in more volatile economic environments like Brazil. This implies that, while empirical evidence supports both hypotheses in the long term, short-term analysis reveals a more complex landscape. This study's insights have extrapolative validity for Latin America and analogous emerging economies, as they share structural conditions—such as financial volatility, regulatory transitions, and high initial costs—that uniformly shape the dynamics of ESG adoption.

From a practical perspective, the findings offer actionable recommendations for policymakers, investors, and corporate leaders. Policymakers should focus on designing a robust regulatory framework that incentivizes ESG adoption, for instance, through tax incentives, preferential loans, green bonds, and public-private financing programs that reduce the initial implementation costs. Likewise, investors can use ESG ratings as a proxy for long-term stability and resilience, guiding investment decisions toward companies committed to sustainability. Shifting management focus from short-term profitability to long-term value creation allows organizations to align around common ESG objectives. Corporate leaders, in turn, should prioritize transparency, strategic alignment, and active stakeholder engagement, effectively communicating the financial and operational impacts of ESG initiatives to build trust and reduce perceived barriers. Collaboration between the public and private sectors, through incentives, technical support, and co-financing mechanisms, can minimize upfront costs, accelerating the transition toward sustainable business models without compromising financial stability.

From a comprehensive perspective, the findings of this research offer distinct strategic implications for each stakeholder group. For the academic literature, this study significantly expands the understanding of the intertemporal dynamics between ESG and financial fundamentals in emerging markets, providing robust empirical evidence where theoretical gaps previously predominated. For the investment community, the results reveal a critical dichotomy: although improvements in ESG do not immediately translate into reductions in the cost of capital, they constitute an effective mechanism for mitigating insolvency risk over extended time horizons, reinforcing their value as a signal of corporate resilience. From a managerial standpoint, this research confirms that the implementation of ESG practices represents a temporal trade-off: it generates initial financial frictions that subsequently transform into sustainable competitive advantages through greater operational stability, efficiency, and reputational capital. For regulators, these findings provide an empirical foundation for designing normative frameworks and incentives that internalize the initial transition costs towards sustainable models, while simultaneously fostering informational transparency. Ultimately, this study demonstrates that the strategic integration of ESG criteria fosters a more resilient corporate ecosystem, aligned with sustainable development objectives, generating positive externalities for both shareholders and society at large.

This research has some limitations. First, the reliance on annual data provided by Bloomberg may introduce discrepancies due to differences in calculation methodologies compared to other financial information platforms. Data from other Latin American markets was not included. Only companies from the Brazilian market were selected due to their consistency in terms of sustainability data within the observation window. In addition, the sample is restricted to listed companies that are part of regional stock market indices, which may not adequately reflect other contexts and sectors. Future studies should therefore prioritize comparative analyses across different Latin American countries to isolate the institutional factors that may accelerate or hinder the positive financial outcomes of ESG integration.

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Notes

- ¹ <https://valorinternational.globo.com/business/news/2024/12/19/corporate-bankruptcy-filings-rise-despite-strong-gdp-growth.ghml>; accessed 20 January 2025.

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